

University of Minnesota
CONTINUING MEDICAL EDUCATION



*Obstetrics, Gynecology,
& Women's Health:
40th Annual Autumn Seminar*

October 5 & 6, 2009

*The Depot Minneapolis, a Renaissance Hotel
225 South Third Avenue
Minneapolis, Minnesota*

*Presented by
Department of Obstetrics, Gynecology and Women's Health*

www.cmecourses.umn.edu



UNIVERSITY OF MINNESOTA

Medical School

*New nursing
and one-day rates*

COURSE DESCRIPTION

We welcome you to attend the 40th Anniversary of the University of Minnesota Obstetrics, Gynecology, & Women's Health Autumn Seminar. The Autumn Seminar is dedicated to providing up-to-date information related to advancements in the care and treatment of patients in the areas of maternal fetal medicine, gynecologic oncology, psychiatry, breast health, reproductive endocrinology and other timely topics.

PURPOSE

This continuing medical education conference is dedicated to:

- Updating community physicians and providing a forum for discussion on the topic of women's health
- Imparting cutting edge knowledge from subject matter experts
- Being a venue for cross sub-specialty communication and sharing of best practices
- Reporting on new research findings and innovations in patient care

AUDIENCE

This seminar would be ideal for specialists in obstetrics and gynecology, family physicians, physician assistants, nurse practitioners, registered nurses, midwives and other health professionals involved in the field of women's health.

EDUCATIONAL OBJECTIVES

Following this conference, participants should be able to:

- Manage varicose veins
- Consider treatment options for thrombosis in Ob/Gyn patients
- Discuss the prevention of Vitamin D deficiency with Ob/Gyn patients
- Address hypertension in women
- Identify approaches to intervention and best practices in obstetrical safety
- Update knowledge on ovarian cancer
- Understand the impact of payment reform for obstetrical care
- Offer individualized clinical decisions in the treatment of women's mental health

ACCREDITATION

American Medical Association / PRA

The University of Minnesota is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The University of Minnesota designates this educational activity for a maximum of 13.5 *AMA PRA Category 1 Credits*[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

American College of Obstetricians and Gynecologists

Application for cognate hours has been submitted.

American Academy of Physician Assistants

AAPA accepts AMA Category 1 CME credit for the PRA from organizations accredited by ACCME.

Nurse Practitioners, Nurses, and Other Health Care Professionals

Nurse practitioners, nurses, and other health care professionals who participate in this CME activity may submit their Statements of Attendance to their appropriate accrediting organizations or state boards for consideration of credit. The participant is responsible for determining whether this activity meets the requirements for acceptable continuing education.

DISCLOSURE POLICY

It is the policy of the University of Minnesota Office of Continuing Medical Education to ensure balance, independence, objectivity and scientific rigor in all of its sponsored educational activities. All participating speakers, course directors, and planning committee members are required to disclose to the program audience any financial relationships related to the subject matter of this program. Relationships of a spouse/partner with proprietary entities producing health care goods or services should be disclosed if they are of a nature that may influence the objectivity of the individual in a position to control the content of the CME activity. Disclosure information is reviewed in advance in order to manage and resolve any possible conflicts of interest. Specific disclosure information for each speaker, course director, and planning committee member will be shared with the audience prior to the speaker's presentation.

CONFERENCE LOCATION & OVERNIGHT ACCOMMODATIONS

The Depot Minneapolis, a Renaissance Hotel
225 3rd Avenue South
Minneapolis, Minnesota

Phone: 612-375-1700

Website: www.thedepotminneapolis.com

The former Milwaukee Road Depot, now a Renaissance Hotel property, includes a 15,000 square foot indoor water park, a full service bar and restaurant, heated underground parking, and a central location near the river.

Rate: \$154

Cut-off Date: September 2, 2009

A block of sleeping rooms is available at the discounted rate listed above. Please make your reservations directly with the hotel by the cut-off date and refer to the course by name to receive the discounted rate. Reservations will be accepted on space and rate availability.

REGISTRATION FEES AND EARLY REGISTRATION DISCOUNT

Register by September 2, 2009 to take advantage of our Early Registration Discount! See the registration form in this brochure for more information. The fees listed on the registration form include conference materials, continental breakfasts, lunches, and refreshment breaks. Dietary restrictions should be indicated in advance; requests cannot always be honored on site. Parking fees are not included.

A letter of confirmation, driving directions and parking information will be e-mailed to you once we receive your completed registration form. These fees are subject to change without prior notice.

CANCELLATION POLICY

In the event you need to cancel your registration, the registration fee, less a \$50 administrative fee, will be refunded if you notify us by 4:30 p.m. Central Time on **September 21, 2009**. **No refunds will be made after this date.**

TO REGISTER

You may choose ONE of the following methods to register for this conference:

ONLINE: Go to www.cmecourses.umn.edu

CALL: (612) 626-7600 or (800) 776-8636

FAX: (612) 626-7766

MAIL: ObGyn Seminar, Office of Continuing Medical Education,
University of Minnesota, University Park Plaza, Suite 601,
2829 University Avenue SE, Minneapolis, MN 55414

If you have any questions, please contact our office at the number above, or e-mail us at cme@umn.edu.

WEB SITES

www.cme.umn.edu

Visit the University of Minnesota CME Web site to access conference brochures, view our complete course calendar, get directions, or register online. Check back often; we regularly update our course information.

www.med.umn.edu/obgyn

The Department of Obstetrics, Gynecology, and Women's Health is dedicated to solving women's health problems through medical education, research, and patient care with the ultimate goal of improving women's lives.

PRELIMINA

Monday, October 5, 2009

- 7:00 a.m. Registration and Continental Breakfast
- 8:00 Welcome – Linda Carson, MD, FACOG
- 8:15 **JOHN L. MCKELVEY LECTURE IN GYNECOLOGIC ONCOLOGY**
Telemedicine: Our Experience on International Tumor Board
Discussions - 10 Years of Experience
Ilan Atlas, MD
- 9:00 **Management of Varicose Veins in Women:**
Causes, Complications, and Care
Steven Santilli, MD, PhD
- 9:45 **Clinical Potential of Embryonic and Adult Stem Cells**
Robert Casper, MD, F.R.C.S.C.
- 10:30 Refreshment Break and Exhibits
- 10:45 **Thrombosis in Ob/Gyn Patients:**
New Information on Evaluation and Management
Mary Patricia O'Day, MD
- 11:30 **The Year in Review: Gynecologic Oncology**
&
The Year in Review: Maternal Fetal Medicine
Rajul Kothari, MD & Monisha Gidvani, MD
- 12:15 p.m. Lunch
- 1:30 **What You Need to Know: Changes in Ob/Gyn Coding**
Joani Slager DNP, CNM, CPC, FACNM
- 2:15 **Obstetrical Safety: Approaches to Interventions**
and Best Practices
Phillip Rauk, MD
- 3:00 **Acupuncture in Obstetrics & Gynecology**
Tara Gustilo, MD
- 3:45 Refreshment Break and Exhibits
- 4:00 **ETHEL N. RUVELSON MEMORIAL LECTURE IN OVARIAN CANCER**
Vaccine Therapy for Ovarian Cancer: Barriers and Opportunities
Kunle Odunsi, MD, PhD
- 4:45 Adjourn
- 5:00 Ruvelson Reception

RY AGENDA


Tuesday, October 6, 2009

- 7:00 a.m.** **Registration and Continental Breakfast**
- 8:00** **IRVING C. BERNSTEIN MEMORIAL LECTURE IN PSYCHIATRIC ASPECTS OF OBSTETRICS AND GYNECOLOGY**
Understanding & Discussing Women's Sexual Functioning: How to Talk with Your Patients
Karin Larsen, PhD, LP
- 8:45** **Integration of New Vitamin D Recommendations in OB/Gyn Clinical Practice**
Mary Benbenek, MS, RN, FNP, PNP & Greg Plotnikoff, MD
- 9:30** **Surgical Interventions in Adhesion Prevention**
Michael Diamond, MD
- 10:15** **Refreshment Break and Exhibits**
- 10:30** **LOUIS L. FREIDMAN LECTURE IN REPRODUCTIVE ENDOCRINOLOGY AND INFERTILITY**
Fertility Preservation in Reproductive-Age Cancer Patients
William D. Schlaff, MD
- 11:15** **WILLIAM B. STORME LECTURE IN MATERNAL FETAL MEDICINE**
Controlling Hypertension in Women: Time to do a better job
Daniel Duprez, MD, PhD
- 12:00 p.m.** **Lunch**
- 1:15** **Congenital Adrenal Hyperplasia / Clinical Update**
Kristi Bentler MS, RN, PHN, CNP, Dianne Berg, PhD, Walter Bockting, PhD, Jane M. Lewis, MD
Cindy Lorentz MS, CGC, Kyriakie Sarafoglou, MD
Aseem Shukla, MD, Nancy Vanderburg RN, BSN, PHN
- 2:45** **Pregnancy Care Reform Forum:**
Legislative Changes That Could Affect Your Practice and Patients
Moderator: Steve Calvin, MD
Panel: Bryan Dowd, PhD, Carol Backstrom, MA, Melissa Avery, PhD, FACNM, Laura Dean, MD, FACOG
- Co-presented by The Program in Human Rights and Health in the School of Public Health**
- 4:30** **Announcements / Adjourn**

Curriculum and faculty are subject to change.

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PLANNING COMMITTEE and FACULTY

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Course Director:

Carrie Terrell, MD, Assistant Professor & Division Director, Division of Obstetrics and Gynecology

Planning Committee:

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Diane Horvath-Cosper, MD, Ob/Gyn Chief Resident 2009-2010

Samantha Kehoe, MD, Ob/Gyn Chief Resident 2008-2009; Assistant Professor of Obstetrics, Gynecology and Women's Health, Division of General Obstetrics and Gynecology (Effective August 2009)

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Tammy Pederson, Residency Program Coordinator

FACULTY

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Melissa Avery, PhD, RN, FAAN, FACNM, Associate Professor and Chair, Child and Family Health Cooperative, University of Minnesota School of Nursing

Carol Backstrom, MA, Assistant to the Commissioner for Health Reform, Minnesota Department of Health

Mary Benbenek, MS, RN, FNP, PNP, Clinical Assistant Professor, School of Nursing, University of Minnesota

Kristi Bentler, MS, RN, PHN, CNP, Pediatric Nurse Practitioner, University of Minnesota Children's Hospital

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Robert Casper, MD, F.R.C.S.C., Professor of Obstetrics and Gynecology, University of Toronto

Laura Dean, MD, FACOG, Stillwater Medical Group

Michael Diamond, MD, Professor and Associate Chair of Obstetrics and Gynecology, Wayne State University School of Medicine; Director and Vice Chairman for Research, Department of Obstetrics and Gynecology, Detroit Medical Center

Bryan Dowd, PhD, Professor of Health Policy & Management, University of Minnesota

Daniel Duprez, MD, PhD, Professor of Medicine, Division of Cardiology, Don and Pat Garofalo Chair for Preventive Cardiology, Director of Research, Rasmussen Center for Cardiovascular Disease Prevention, Associate Director, Cardiovascular Clinical Trials Center

Monisha Gidvani, MD, Maternal-Fetal Medicine Fellow, Department of Obstetrics, Gynecology, & Women's Health, University of Minnesota Medical School

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Rajul Kothari, MD, Gynecologic Oncology Fellow, Department of Obstetrics, Gynecology, & Women's Health, University of Minnesota Medical School

Karin Larsen, PhD, LP, University Specialists in Women's Health & Reproductive Medicine Center

Jane M. Lewis, MD, Assistant Professor of Urologic Surgery, University of Minnesota Medical School

Cindy Lorentz, MS, CGC, Genetic Counselor & Coordinator, Division of Genetics and Metabolism, Department of Pediatrics, University of Minnesota Medical School

Mary Patricia O'Day, MD, Adjunct Assistant Professor, Department of Obstetrics, Gynecology and Women's Health, University of Minnesota, Duluth Clinic

Kunle Odunsi, MD, PhD, Professor & Research Program Director, Division of Gynecologic Oncology Department of Surgical Oncology, Roswell Park Cancer Institute, Buffalo, New York

Greg Plotnikoff, MD, Associate Professor of Pediatrics

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Steven Santilli, MD, PhD, Professor and Chief, Division of Vascular Surgery, Department of Surgery, University of Minnesota Medical School

Kyriakie Sarafoglou, MD, Assistant Professor of Endocrinology, Division of Pediatric Endocrinology and the Division of Genetics and Metabolism, Department of Pediatrics, University of Minnesota Medical School

William D. Schlaff, MD, Professor, Chief, Section of Reproductive Endocrinology and Infertility, University of Colorado Health Sciences Center

Aseem Shukla, MD, Assistant Professor of Urologic Surgery, University of Minnesota Medical School

Joan Slager DNP, CNM, CPC, FACNM, Director of Nurse-Midwifery, Bronson Women's Service, Kalamazoo, Michigan

Nancy Vanderburg, RN, BSN, PHN, Public Health Preparedness Consultant, Office of Emergency Preparedness, Minnesota Department of Health