Bariatric Education Days:
Customizing Obesity Treatment for Improved Wellbeing

Preliminary Agenda
Faculty and Curriculum Subject to Change

Thursday, March 19, 2020

7:00-7:45  Registration and Continental Breakfast
7:45-7:50  Welcome.................................................................Bridget Slusarek, RN, BSN, MBA
7:50-8:00  Opening Remarks..................................................Elizabeth Seaquist, MD
8:00-8:25  Obesity Overview......................................................Angela Fitch, MD, FACP, FOMA
8:25-9:25  Coproduction Model..............................................Moderator: Brad Benson MD, FACP, FAAP
8:25-9:05  Coproduction............................................................Paul Batalden, MD
9:05-9:25  Panel Discussion.............. Carolyn Bramante, MD, Abigail Miller, MD, CHCQM, Krista Skorupa, MD, Bridget Slusarek, RN, BSN, MBA
9:25-9:45  Refreshment Break and Exhibits
9:45-11:40 Individualizing Treatment for Obesity...........Moderator: Daniel Leslie, MD
9:45-10:25 Customizing the Surgical Procedure with the Patient in Mind.........................................................Shanu Kothari, MD
10:25-11:05 Anti-obesity medication as an adjunct to bariatric surgery .................................................................Jamy Ard, MD
11:05-11:20 Practice-changing Advances in Bariatric Research: A National and Regional Perspective...............................Eric Wise, MD
11:20-11:40 Panel Discussion

11:40-1:10  Lunch and Exhibits
1:10-1:20  Wellness Checkup- resistance bands
1:20-2:20  ASMBS Session ..........................................................Moderator: Megan Gilmore, MD
1:20-2:00  Newer Procedures and Risk Calculators ..................................................Shanu Kothari, MD
2:00-2:10  MN State Chapter ASMBS Update ..........................................................Brad Linden, MD
2:10-2:20  Panel Discussion

2:20-2:40  Obesity, Adiposity, and Hypertension.......................................................Luke Laffin, MD
2:40-3:00  Understanding the clinical response to obesity treatment strategies: demystifying the weight loss plateau ......Jamy Ard, MD
3:00-3:30  Ways to Wellness Self-Care for Providers ....................................................Rachel Larson, RD, LD, CPT
3:30-3:50  Panel Discussion

3:50-4:10  Refreshment Break and Exhibits

4:10-5:30  Session 5 (title TBA).................................................................Moderator: Bridget Slusarek, RN, BSN
4:10-4:40  Body Image ........................................................................Julia Reid, PhD LP
4:40-5:10  Plastics (Title TBA)......................................................................Umar Choudry, MD, FACS
5:10-5:30  Panel Discussion
Evening Session

5:30-6:30  Social Hour

6:30-8:30  Customizing Obesity Treatment Approaches Utilizing the Coproduction Model

6:30-6:50  Coproduction Overview

6:50-8:30  Coproduction Workshop

8:30  Evaluation & Adjourn

Course Co-Directors:
- Daniel Leslie, MD, Associate Professor, Department of Surgery, University of Minnesota
- Bridget Sliusarek, RN, BSN, MBA, Service Line Director, Comprehensive Weight Management, GI and Nephrology

Committee Members:
- Orit Ackerman, BA, University of Minnesota
- Charles Billington, MD, M Health Fairview
- Melissa Dvorak, MPAS, PA-C, M Health Fairview
- Claudia Fox, MD, MPH, M Health Fairview
- Megan Hadley, BA, University of Minnesota
- Vanessa Hauge, RD, LD, M Health Fairview
- Sayeed Ikramuddin, MD MHA, Jay Phillips Professor and Chair, Department of Surgery, University of Minnesota
- Kristi Kopacz, MPAS, PA-C, M Health Fairview
- Rebecca Okechukwu, MS, MHA M Health Fairview
- Julia Reid, PhD, LP, M Health Fairview
- Eric Wise, MD University of Minnesota