Integrated Behavioral Healthcare Conference

Evidence Based Practices & Innovations

7:00  Registration, Breakfast & Exhibits

8:00  Conference Overview

8:15  Moving from Research to Application: Using an “Agnostic” IBH Framework to Build a Community Standard
Kari A. Stephens, PhD, University of Washington
Audrey Hansen, MA, Institute for Clinical Systems Improvement
Panelists from the MN Health Collaborative MH IBH work group

Core processes and structures of Integrated Behavioral Health (IBH) in Primary Care that cross cut various models of IBH have been identified through research. The MN Health Collaborative member organizations recognized this work as something that could be applied in our pursuit of enhancing IBH in MN. This presentation will highlight the research and methods used by the Collaborative to apply the “Agnostic” IBH Framework in practices across MN. Attendees will hear how research and clinical application by the organizations that have adopted and applied the framework have been embraced as a community standard to enhance their IBH programs.

Educational Objectives:

- Identify the agnostic set of core processes and structures of IBH (aka “Agnostic” IBH Framework) as identified through the research.
- Describe how the MN Health Collaborative was able to move the framework from research to application as a community standard.
- Describe how organizations used the agnostic framework to enhance their IBH programs.

9:45  Break & Exhibits

10:05  Concurrent Breakouts A

11:05  Transfer to next breakout session

11:10  Concurrent Breakouts B

12:10  Lunch & Exhibits

1:10  Concurrent Breakouts C

2:10  Break & Exhibits

2:30  Improving Access to Effective PTSD Treatment Through Primary Care
Sheila Rauch, PhD, ABPP; Emory University School of Medicine

3:30  Questions & Discussion

3:45  Conference Closing

4:00  Adjourn

Breakout Sessions Listed on Page 2.
## Confirmed Breakout Sessions

<table>
<thead>
<tr>
<th>Title</th>
<th>Speakers</th>
</tr>
</thead>
<tbody>
<tr>
<td>Acceptability of a Values-Based Behavioral Activation Intervention in Patients Living with Chronic Pain</td>
<td>Stephanie Hooker, PhD, MPH; Michelle Sherman, PhD, ABPP; Andrew Slattengren, DO; UMN Department of Family Medicine and Community Health</td>
</tr>
<tr>
<td>Embedding Children's Mental Health Training and Consultation in a Family Medicine Clinic</td>
<td>Christine Danner, PhD, LP; UMN Department of Family Medicine and Community Health; Katherine Lingras, PhD, LP; UMN Psychiatry Department</td>
</tr>
<tr>
<td>Help! The Doctor Just Asked If I Could See Her Son for Therapy, What Was She Thinking?</td>
<td>Jen Nelson Albee, MSW, LICSW; Duluth Family Medicine Residency Program</td>
</tr>
<tr>
<td>How Having an Integrated Clinic Changed How Providers and Staff See Mental Health Differently</td>
<td>Kathy Jo Kaup; Fairview Health Services; Marinda Rebhahn, LMFT; Fairview Health Services</td>
</tr>
<tr>
<td>How to Effectively Engage and Support the Somali Population in an Integrated Care Model</td>
<td>Don Coleman, LICSW; Fairview Medical Group; Madeline Squires, UMN IBH; Molly Watkins, UMN Clinical Mental Health</td>
</tr>
<tr>
<td>How to Manage Your Tinnitus: A Collaborative Clinical Approach</td>
<td>Jacqueline Sufka, St. Cloud VA Health Care System</td>
</tr>
<tr>
<td>Rural IBH and the Impending Black Hole of Psychiatric Availability</td>
<td>Brian Proctor, MD, Mayo Clinic Health System</td>
</tr>
<tr>
<td>The Great Slim Down: Collaborative Treatment of Obesity in a Primary Care Setting</td>
<td>Bethany Fiebelkorn Kennedy, PhD, LP; Natalie Ikeman, MPAS, PA-C; Hennepin Healthcare</td>
</tr>
<tr>
<td>The Interview Arc: A Concise and Elegant Model for Navigating Complicated Patient Interactions</td>
<td>Jonathan Homans, MD; Kaz Nelson, MD; Lora Wichser, MD; UMN Psychiatry Department</td>
</tr>
</tbody>
</table>