Prior to Start of Course (Online)

• Medico-Legal Aspects of Mission Work (1 hour)
• Maximizing Scope of Practice (1 hour)
• Mental Health (1 hour)
• Ortho/Musculoskeletal (1 hour)
• Dermatology (1 hour)

March 17-23, 2019

Day 1 (Sunday): Arrival Day & Orientation

• 1:00 PM – 6:00 PM: Arrival (Room assignments & facility tour given on arrival)
• 6:00 – 7:00 PM: Welcome by Dr. Ben LaBrot and Floating Doctors New Volunteer Orientation
• 7:00 – 8:00 PM: Dinner and Welcome Address by Dr. Ben LaBrot
• 8:00 – 9:00 PM: “Cultural Competency”

Day 2 (Monday): LECTURES

Morning:
• 6:30 – 8:00 AM: Breakfast
• 8:00 – 9:00 AM: “Running A Successful Clinical Deployment”
• 9:00 – 9:15 AM: Break
• 10:15 – 10:30 AM: Break
• 10:30 –11:30 AM: “Births in Remote Settings”
• 11:30 – 11:45 AM: Break
• 11:45 – 12:45 PM: “Diarrheal Disease in Resource-Limited Settings”
• LUNCH: 1:00 – 2:00 PM

Afternoon:
• 2:00 – 4:00 PM: Practical skills session: Participants will rotate in small groups through training stations: 1) Physical exam of the pregnant abdomen, 2) The use of classical and POC diagnostic tools, 3) Physical exam of the pulmonary and cardiovascular systems, 4) Neurological physical exam practice station, and 5) Basic Suturing Practice.
• 4:30 – 5:00: The group as a whole will do an orientation to our pharmacy, an orientation by our clinic manager about how clinics run, and an orientation by our LMPs on the medical “need to know” before deployment.
• DINNER: 6:30 – 7:00 PM
  Evening (Optional):
  • 7:00 – 7:30 PM: Ultrasound Lecture I: Prenatal & Reproductive
  • 7:30 – 8:00 PM: Ultrasound Lecture II: Cardiac, Renal, Hepatobiliary & Other
  • 8:00 – 9:30 PM: Ultrasound practical

Group Assignments for Clinical Deployments Given During Dinner

Day 3 (Tuesday): CLINICAL DEPLOYMENT
• 6:30 – 7:30 AM: Breakfast
• 8:00 AM: Clinic teams assemble on the dock & load clinic bags into transport boats
• 8:00 – 9:00 AM: Groups travel by boat to clinic locations
• 9:00 – 5:30 PM: Conduct mobile clinic; The first ½ to ¾ of clinic will be spent observing patient treatments by Floating Doctors Lead Medical Providers, ask questions and discuss cases. They will also have the opportunity to work with pharmacy managers and intake personnel. If participant is comfortable, they will have the opportunity to attend patients under direct LMP supervision. If they would rather, they will continue to observe and learn.
• 5:30 – 6:30 PM Return from Clinic
• 6:30 – 7:00 PM Dinner
• 7:00 – 7:30 PM Mission Debriefing

Day 4 (Wednesday): CLINICAL DEPLOYMENT
• 6:30 – 7:30 AM: Breakfast
• 8:00 AM: Clinic teams assemble on the dock & load clinic bags into transport boats
• 8:00 – 9:00 AM: Groups travel by boat to clinic locations
• 9:00 – 5:30 PM: Conduct mobile clinic; The first ½ of clinic will be spent observing patient treatments by Floating Doctors Lead Medical Providers, ask questions and discuss cases. They will also have the opportunity to work with pharmacy managers and intake personnel. During the second half, participants
will be encouraged to attend patients under direct LMP supervision for experience. If they would rather, they will continue to observe and learn.

- 5:30 – 6:00 PM: Return from Clinic
- 6:30 – 7:00 PM Dinner
- 7:00 – 7:30 PM Mission Clinic Debriefing
- 7:30 – 8:30 PM Lecture: Envenomation

Day 5 (Thursday): LECTURES

Morning:
- 6:30 – 8:00 AM: Breakfast
- 8:00 – 9:00 AM: “Cardiology”
- 9:00 – 9:15 AM Break
- 9:15 – 10:15 AM “Endocrinology”
- 10:15 – 10:30 AM Break
- 10:30 – 12:30 AM: “Parasites”
LUNCH: 12:30 – 1:30 PM
- 1:30 – 2:30 PM: “Surgery in Resource-Limited Settings”

Afternoon:
- 2:30 – 6:30 PM: Free time
**Optional mangrove boat tour/Jungle Walk excursion to Dolphin Bay botanic medicine conservation areas managed by Floating Doctors.
DINNER: 6:30 – 7:30 PM

Evening:
- 6:30 – 7:30 PM: “Geriatrics & Palliative Care in Resource –Limited Settings”

Day 6 (Friday): LECTURES

6:30 – 8:00 AM: Breakfast

Morning:
- 8:00 – 9:00 AM: “Infectious Disease”
- 9:00 – 9:15 AM: Break
- 10:15 – 10:30 AM: Break
- 10:30 – 11:30 AM: “Pediatrics 2”
- 11:30 – 11:45 AM: Break
• 11:45 – 12:45 PM: Case Presentations. Participants will be asked on Monday to identify and prepare to brief case summary for their most instructive case during clinical deployment. Topics may include approach to treating an entire family at once, adjusting to new treatment options, treating the whole patient, an unusual tropical presentation or any topic the participant found interesting. Presentations will be approximately 5 minutes each, depending on number of participants.

LUNCH: 1:00 – 2:00 PM

Afternoon:

• 1:30 – 4:30 Asilo
For the afternoon, the participants will go to the geriatric care facility that the Floating Doctors staff. While being mentored and instructed by our staff, they will be learning occupational therapy activities in a live setting, complementing the geriatric lesson from the night before. For the final hour, participants will have the option of working with patients individually while under the supervision of Floating Doctors Lead Medical Providers.

Depart at 1:30 PM, return at 6:00 PM

DINNER: 6:00 – 7:30 PM
**Participants may choose to eat dinner in Bocas town at one of Bocas’ many delicious restaurants and/or make arrangements to stay in Bocas Friday evening to enjoy the night light

Day 7 (Saturday): Departure Day
6:00 – 8:00 AM: Breakfast
*Shuttles to Bocas del Toro airport departing as needed throughout the day

Faculty and Curriculum Subject to Change