Friday, April 5th, 2019
DoubleTree Bloomington

7:45 am to 8:00 am  Educational Program Overview
8:00 am to 9:40 am  Working the Urgent Care: Orthopedic Pearls  | Moderator: Abigail Hamilton, MD
8:00  How to Speak X-ray  | Paul Lafferty, MD
8:20  The “When” & “What” for Advanced Imaging  | Ryan Hess, MD
8:40  Don’t Let the Lower Extremity Trip You Up: Clinical PEARLS  | Christie Heikes, MD
9:00  Hand Picked: Common Upper Extremity Conditions in the Urgent Care  | Steven Meisterling, MD
9:20  Don’t Miss This!  | Panel Discussion, Case Review and Q & A

9:40 to 10:00 am  Break & Exhibits
10:00 am to 11:30 am  What a Pain in the Back!  | Moderator: Michael Smith, MD
10:00  The Common Causes of Low Back Pain  | Rick Davis, MD
10:20  Non-Surgical Approaches to Lumbar Disc Pain  | Eric Kirksson, MD
10:40  Don’t Slip Up: Understanding Degenerative Spondylolisthesis  | Kurt Duncan, MD
11:00  Preventing Chronic Back Pain with Early Physical Therapy  | Steve Schneider, MSPT, CMPT
11:20  Don’t Miss This!  | Panel Discussion, Case Review and Q & A

11:30 pm to 12:30 pm  Lunch & Exhibits
12:30 pm to 2:20 pm  Sports Medicine: Being Part of the Team  | Moderator: Brian Bjerke, MD
12:30  Concussions: Keeping the Complex, Simple  | Ryan Cole, MD
12:50  Knee Ligament Injuries: Examination and Management PEARLS  | Chris Larson, MD
1:10  Foot and Ankle Injuries: What Not to Miss!  | Bryan DenHartog, MD
1:30  Shouldering the Responsibility: Diagnosis and Management of Shoulder Instability  | Corey Wulf, MD
1:50  Sports Medicine Team & Sideline Management Panel Discussion  | Q & A

2:20 pm to 2:40 pm  Break & Exhibits
2:40 pm to 4:00 pm  Expanding Your Patient Care Tool Box  | Moderator: Ryan Horazdovsky, MD
2:40  Expectations of Pre and Post-op Pain Management  | Gary Wyard, MD
3:00  Bundled Care Made Simple  | Justina Lehman, CNP, DNP
3:20  The Role of Total Joint Post-op Antibiotics and Anticoagulants: What is the Evidence?  | Owen O’Neill, MD
3:40  Rehabilitation: The Utility Belt for Patient Care  | Megin Sabo John, PT, DPT, OCS and Michael Shirilla, DPT, SCS
4:00  Early Youth Sports Specialization: How Should We Respond?  | Jason Holm, MD
4:20  Q & A

4:30 pm to 6:00 pm  Wine and Cheese Reception  with Attendees, Faculty & Exhibitors