Friday, April 5th, 2019
DoubleTree Bloomington

7:45 am to 8:00 am   Educational Program Overview
8:00 am to 9:40 am   Working the Urgent Care: Orthopedic Pearls
                      8:00   How to Speak X-ray | Paul Lafferty, MD
                      8:20   The “When” & “What” for Advanced Imaging | Ryan Hess, MD
                      8:40   Don’t Let the Lower Extremity Trip You Up: Clinical PEARLS | Christie Heikes, MD
                      9:00   What to Know About Upper Extremity Conditions | Steven Meisterling, MD
                      9:20   Don’t Miss This! | Panel Discussion, Case Review and Q & A

9:40 to 10:00 am      Break & Exhibits
10:00 am to 11:30 am  What a Pain in the Back!
                      10:00   The Common Causes of Low Back Pain | Rick Davis, MD
                      10:20   Non-Surgical Approaches to Lumbar Disc Pain | Eric Kirksson, MD
                      10:40   Degenerative Spondylolisthesis | Kurt Duncan, MD
                      11:00   Preventing Chronic Back Pain with Physical Therapy | Steve Schneider, MSPT, CMPT
                      11:20   Don’t Miss This! | Panel Discussion, Case Review and Q & A

11:30 pm to 12:30 pm  Lunch & Exhibits
12:30 pm to 2:20 pm   Sports Medicine: Being Part of the Team | Moderator: Brian Bjerke, MD
                      12:30   Concussions: Keeping the Complex, Simple | Dave Olson, MD
                      12:50   Knee Ligament Injuries: Examination and Management PEARLS | Chris Larson, MD
                      1:10    Foot and Ankle Injuries: What Not to Miss! | Bryan DenHartog, MD
                      1:30    Shoulder Instability & Return to Play | Corey Wulf, MD
                      1:50    Sports Medicine Team & Sideline Management Panel Discussion | Q & A

2:20 pm to 2:40 pm      Break & Exhibits
2:40 pm to 4:00 pm   Expanding Your Patient Care Tool Box
                      2:40    Expectations of Pre and Post-op Pain Management | Gary Wyard, MD
                      3:00    Bundled Care Made Simple | Justina Lehman, CNP, DNP
                      3:15    The Role of Total Joint Post-op Antibiotics & Anticoagulants: What is the Evidence? | Owen O’Neill, MD
                      3:30    Rehabilitation: The Utility Belt for Patient Care | Megin Sabo John, PT, DPT, OCS and Michael Shirilla, DPT, SCS
                      3:50    Q & A

4:00 pm to 4:30 pm      Discussing Challenging Cases
                         4:00    Panel Discussion of Submitted Attendee Cases

4:30 pm to 6:00 pm      Wine and Cheese Reception with Attendees, Faculty & Exhibitors